



Diocese of Bristol

CMD Programme Spring 2022

Spiritual Director Training Course 2022/23 - Taster Morning

Thursday 20th January 2022

9am-1pm

Bristol Cathedral

Led by the Revd Dr Minty Hull and the Revd Lizzie Kesteven

We would like to invite anyone interested in training as a spiritual director to a taster morning. The twelve-session Course, which will start in May 2022, will be held monthly (except for in August, December and the month in which Easter falls) and will finish in 2023. The Course is open to clergy, LLMs and lay people. Further details of the Course and the application process will be given during the morning.

Open to all.

Register to attend [via Eventbrite](#)

The Revd Dr Simon Taylor, Director of Ministry Development

Email: simon.taylor@bristoldiocese.org

Diocesan Office, First Floor, Hillside House, 1500 Parkway North, Stoke Gifford, Bristol BS34 8YU

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Preaching Luke

Saturday 22nd January

Rescheduled from November 2021

10am – 4pm.

St Peters Church, Lords Mead, Chippenham, SN14 0LL

Led by the Revd Paul Burden, Director of Contextual Learning at Sarum College

A chance to refresh your knowledge and gain fresh insight into Luke's Gospel (the lectionary Gospel for 2021-22). Paul Burden is a highly regarded teacher. He has a particular interest in preaching, and teaches preachers at Sarum College and in dioceses around the South West. He was formerly on the Executive of the College of Preachers.

Open to all.

Register to attend [via Eventbrite](#)



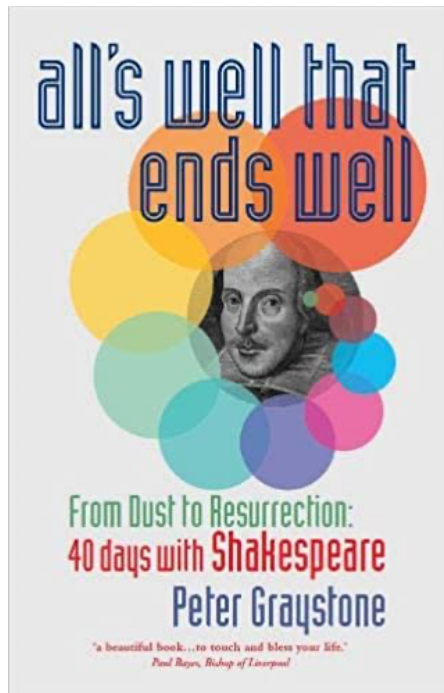
All's Well That Ends Well: From Dust to Resurrection

Monday 24th January 2022

7.30 – 9.30pm

Zoom

Led by Peter Graystone



Few writers have a deeper understanding of the foibles of human nature and life's absurdities and tragedies than William Shakespeare. This makes him a fascinating companion for the season of Lent, a traditional time for a spot of self-examination.

Peter Graystone introduces his Lent book (*All's Well That Ends Well: From Dust to Resurrection: 40 days with Shakespeare* (Canterbury Press, 2021)), which sets quotations from Shakespeare's characters and poems alongside biblical passages and reflects on the resonance between them – one reflection for each day of the season.

Open to all

Register to attend [via Eventbrite](#)

Thriving in Ministry Series

A Self-Care Toolkit

Saturday 12th February 2022

9.30am-1pm

Holy Trinity Church, Broad Croft, Bradley Stoke, Bristol BS32 0BD

Led by Lorna Tredget of Headroom Counselling

Led by an experienced counsellor, this session will explore the nature of self-care, especially when we are called to follow Christ. It will offer tools for enabling and improving self-care in ministry.

Open to all Clergy

Register to attend [via Eventbrite](#)

Thriving in Ministry Series

Keeping Good Boundaries – When was the last time you said ‘No’?

Tuesdays 8th and 15th February

7.30-9pm

St Giles Church, Kington Ln, Stanton St Quintin, Chippenham SN14 6DQ

Led by Jordan Ling and Simon Taylor

When was the last time you said ‘no’? When was the last time you said ‘yes’ to something you really wanted to do? Boundaries are essential to caring for yourself and for others. They allow different areas of life and ministry to hold together safely, and in a manner that enables us and others to thrive. We are all aware that in life and ministry comes with expectations, some of which are helpful and others less so. These sessions, which were run in Bristol last term, are intended to help us to explore tools that will help implement and keep healthy boundaries.

This is a two part course. You are encouraged to attend both sessions.

Open to all clergy.

Register to attend [via Eventbrite](#)

Thriving in Ministry Series

Pause, Reflect, Renew

These times are offered as a chance to come together for sharing, reflection, prayer and encouragement. They are hosted by different deaneries, but do feel free to attend regardless of geography.

Session 1 Tuesday, 15th February 2022

1.30pm-4.30pm

St Giles Church, Kington Ln, Stanton St Quintin, Chippenham SN14 6DQ

Led by Caroline Jowett-Ive, Director of People and Safeguarding

Open to Clergy & LLMs

Register to attend [via Eventbrite](#)

Session 2 Tuesday, 15th March 2022

9.30am - 12.30pm

St Gregory the Great, Filton Rd, Bristol BS7 0PD

Led by Neil Warwick, Archdeacon of Bristol.

Open to Clergy & LLMs

Register to attend [via Eventbrite](#)

Practical Liturgy

Dates and times below

Venue - See below

Led by Canon Nicola Stanley and Simon Taylor

A series of sessions exploring different aspects of worship and liturgy. Come to one session, or come to them all. Discover new ways of doing ancient things. Explore how liturgy can engage with mission. Bring your questions, your experience, and your imagination.

1. The Eucharist: Different approaches to celebration (to include a Silent Eucharist).

Monday, 28th February 2022. 7.30pm-9pm at Christ Church Swindon

Register to attend [here](#).

2. Oils and anointing: using oils in ministry and mission.

Monday, 7th March 2022. 7.30pm-9pm at venue St Marks, Swindon New Town

Register to attend [here](#).

3. The Ministry of Reconciliation: Good practice and guidance for Confession and related pastoral practice.

Monday, 14th March 2022. 7.30pm-9pm at venue St Marks, Swindon New Town

Register to attend [here](#).

4. The Book of Common Prayer: Making the most of 1662 (to include a BCP Eucharist).

Monday, 21st March 2022 (Thomas Cranmer Day). 7.30pm-9.30pm at Christ Church Swindon

Register to attend [here](#).

Open to all

Seeing Ourselves as Others See Us

Tuesday, 1st March 2022

7.20pm-9pm

Zoom

Led by Stephen Hance, National Lead for Evangelism and Witness for the Church of England



Based on his research published in a recent Grove Book, Stephen Hance will lead us through an account of how the Church of England is seen by today's society. There are surprising findings to report, and in conversation we will ask what we might do in the light of those findings. Stephen urges confidence in the church's core mission and potential as a unifying force, and courage to communicate the gospel to new spiritual seekers in new ways.

Open to all.

Register to attend [via Eventbrite](#)

The Bishop's Lent Study Day for Clergy

Monday 28th March

10am – 4pm

Christ Church, Cricklade Street, Old Town, Swindon SN1 3HB

A day looking at the meanings of discipleship, led by a range of speakers.
More details to follow.

Open to all clergy.

Register to attend [via Eventbrite](#)

Safeguarding Workshop on Domestic Abuse and Pastoral Practice.

Led by Helen Styles, Safeguarding Training and Development Officer

An interactive workshop picking up on themes from Helen Paynter's session (above) and from the CofE's online module on Domestic Abuse Awareness (soon to be available). This workshop will look at practical ways that ministers can implement their learning from these sessions.

Zoom:

Tuesday, 15th March 2022

10-12pm

Register to attend [via Eventbrite](#)

Face to Face:

Tuesday, 5th April 2022

7-9pm

Hillside House, 1500 Parkway North, Stoke Gifford, BS34 8YU

Register to attend [via Eventbrite](#)

Open to all

Mental Health First Aid

Led by **Rebecca Cross, Alice Kemp, and Helen Styles**

See dates and times below

Cost: £30 (to cover the manual and other materials).

Mental Health First Aid (MHFA) is a training course which teaches people how to identify, understand and help someone who may be experiencing a mental health issue.

MHFA won't teach you to be a therapist, but it will teach you to listen, reassure and respond, even in a crisis – and even potentially stop a crisis from happening. On completing the course, you will receive a nationally recognised qualification as a Mental Health First Aider.

On the course you will:

- Learn how to recognise warning signs of mental ill health, and develop the skills and confidence to approach and support someone while keeping yourself safe.
- Learn how to empower someone to access the support they might need for recovery or successful management of symptoms. This could include self-help books or websites, accessing therapy services through their GP, their school or place of work, online self-referral, support groups, and more.
- Gain an understanding of how to support positive wellbeing and tackle stigma.

You will need to pay for your own course manual which costs £30. Your parish may cover this for you. The diocese will provide the course to you free of charge (the usual cost is £300). If this cost is preventing you attending, please be in touch.

Course 1: **Face to face at Hillside House** (daytime)

Tuesday 25th January 9am – 4.30 Parts 1 & 2

Tuesday 1st February 9am – 4.30 Parts 3 & 4

Course 2: **Virtual** (daytime)

Monday 28th February 9am – 12.30pm Part 1

Tuesday 1st March 9am – 12.30pm Part 2

Monday 7th March 9am – 12.30pm Part 3

Tuesday 8th March 9am – 12.30pm Part 4

Course 3: **Virtual** (evenings)

Monday 28th March 7-9.30pm Part 1

Monday 4th April 7-9.30pm Parts 2 & 3

Monday 11th April 7-9.30pm Part 4

Course 4: **Face to face at Hillside House** (Saturdays)

Saturday 25th June 9am -4.30pm Parts 1 & 2

Saturday 2nd July 9am - 4.30pm Parts 3 & 4

Applicants need to be able to attend all four sessions of the course. There is also individual learning between the sessions.

Open to all.

This course is aimed at church leaders, lay and ordained, and in particular those engaged in pastoral care and those overseeing that care.

If you would like to attend one of these courses, or for more information, please contact:

Mentalhealthfirstaid@bristoldiocese.org

Zoom Reading Group

Roughly every other month, a group of clergy and LLMs read a book together and gather to discuss it on Zoom. Come to them all, or simply to those that particularly interest you. Reading the book is helpful, but you don't need to have finished it to attend the group.

- “To be able to keep sharp and accountable to others in a reading group is certainly just what I need” – Clergy person
- “I really enjoy the reading group” - LLM

Books can often be bought from the publishers, or from any bookshop. Three online booksellers worth checking are:

- Aslan Books <https://www.aslanchristianbooks.com/>
- Bookshop <https://uk.bookshop.org/>
- Eden <https://www.eden.co.uk/>

Books for Spring 2022

Thursday 27th January, 12 noon – 1.30pm

Kosuke Koyama, *Three Mile an Hour God* (SCM, 1979, reissued 2021)

Coming from the world of South-East Asia, this book has had an influence around the world. What gives the book its special, compelling quality is the stillness, depth and humanity which can be found on even the most crowded page. 'Love has its speed. It is a spiritual speed. It is a different kind of speed from the technological speed to which we are accustomed. It goes on in the depth of our life, whether we notice or not, at three miles an hour. It is the speed we walk and therefore the speed the love of God walks.' Once we grasp that in Christ God chooses to walk amongst us, it changes our whole understanding of the speed of love, and the speed of mission and ministry.

Register to attend [via Eventbrite](#)

Tuesday 15th March, 3.30 – 5pm

Susan Beaumont, *How to Lead When You Don't Know Where You are Going: Leading in a Liminal Season* (Roman and Littlefield, 2019)

How do you lead an organization stuck between an ending and a new beginning-when the old way of doing things no longer works but a way forward is not yet clear? Recommended by a regular attendee at the Book Group, this is a practical book of hope for tired and weary leaders who risk defining this era of ministry in terms of failure or loss. It helps leaders stand firm in a disoriented state, learning from their mistakes and leading despite the confusion. Packed with rich stories and real-world examples, Beaumont guides the reader through practices that connect the soul of the leader with the soul of the institution.

Register to attend [via Eventbrite](#)

Praying for Uganda

You would be very welcome to join a fortnightly prayer meeting for the Uganda Link. This includes friends from the Church of Uganda.

Meetings will be at 5.30 pm on alternative Thursdays.

January 13th and 27th; February 10th and 24th; March 10th and 24th; April 7th and 21st; May 7th.

No need to book. Simply use this Zoom link (which will be the same each time):

<https://us02web.zoom.us/j/2179060100>

Meeting ID: 217 906 0100

Prayer for Living in Love and Faith

You would also be welcome at a weekly prayer meeting for LLF.

This meets every Wednesday at 12.30pm for half an hour.

Again, no need to book. Simply use this Zoom link (which will be the same each time):

<https://us06web.zoom.us/j/9422684291>

Meeting ID: 942 268 4291