



# RHYTHM

OF LIFE

for primary schools

**In this season of Easter,  
we choose to have  
thankful hearts in Jesus'  
name. Amen**



What do you **hope** for?

**Is hoping different to wishing or crossing your fingers?**





**In 1944, during World War 2, Corrie and her sister Betsy were held prisoner in a camp.**

They were Christians and despite the awful things that happened, they were able to hide their tiny Bible and keep **hopeful** of good things in the future, rooted in what they knew God was like and the promises he made.

In the darkest place, God's light shone bright to bring **hope** and encouragement to desperate hearts.

**Hope** in God's love kept them going!



Wishing and crossing their fingers would not have helped Corrie and Betsy while they and others were suffering in the camp.

They knew God loved them and would never leave them. They trusted that God would give them strength and one day, they would live a better life with him in heaven. This was real **hope!**



Can you remember the parable of The Lost Son?

His father never gave up **hope** that he would come home - he was watching and waiting for him!

We are going to hear another story today of **hope**.

**Read the story of the first Easter morning in Mark 16:1-18 or watch it [here](#).**



A photograph of an open stone tomb. The tomb is made of large, rough-hewn stone blocks. The entrance is open, revealing a bright, sunlit area outside. Inside the tomb, a white, sheer cloth is draped over a stone block, symbolizing new life and resurrection. The lighting is dramatic, with strong shadows and highlights.

After Jesus died, Mary and the other disciples lost **hope**.

It seemed like Jesus wasn't who they thought he was.

It seemed like he couldn't do what he said he would do.

It seemed like they couldn't trust God anymore.

But God raised Jesus from the dead and he was alive and came back to his friends!



## Let's think

Christians believe that **hope** is rooted in God's goodness, faithfulness and love, demonstrated through Jesus rising to new life. Jesus bring hope of a good future to all who believe in him.

Who or what do you have **hope** in?

## Let's pray

Lord Jesus

We pray that our school will be a place where everyone can grow and flourish.

Please help us to be people of hope as we follow you. Teach us to be thankful as we wait for your Kingdom to come. **Amen**



**Let's Sing**

Thank you, Lord









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