



RHYTHM

OF LIFE

for primary schools

**In this season of
Harvest, we choose to
gather and share in
Jesus' name. Amen**

When we **gather**, we bring together and take in.

Harvest time is a season of gathering - bringing together and taking in the crops that have grown.

When we meet for collective worship, we gather - we bring together our school community and everyone is welcome.

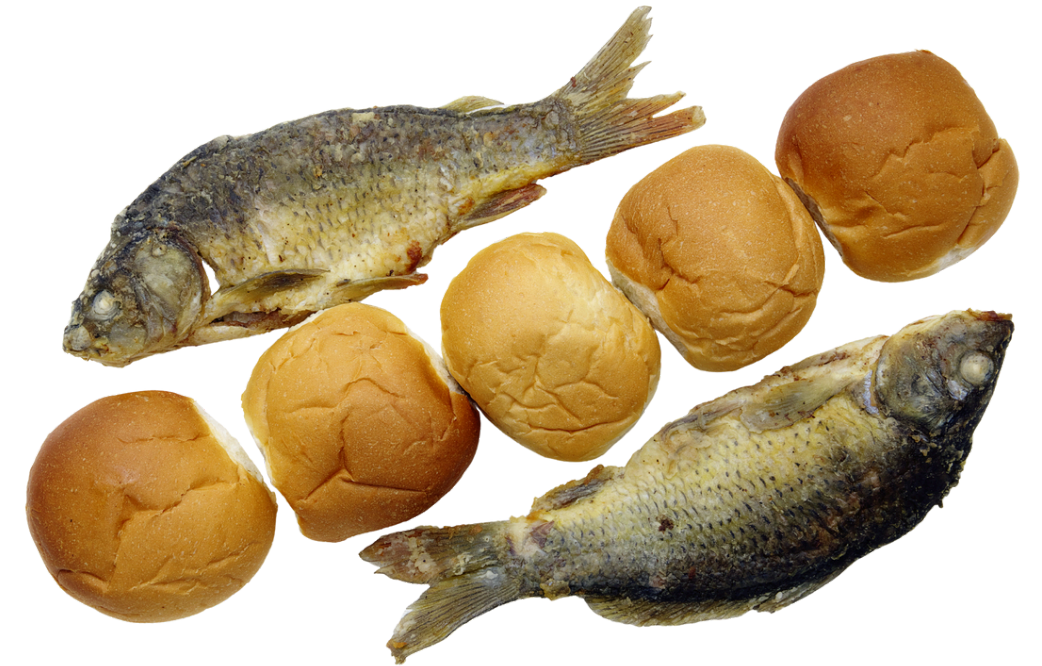
When we **gather**, we **share** with one another. We share our space, our thoughts and ideas and our gifts.

When we **gather**, we are being a mustard tree! A Kingdom for everyone to flourish!

What have you remembered from collective worship this week?

What stories do you recall?

What ideas have stayed with you?



We are going to reflect on an image together.

We will be quiet whilst we look at it. Then we can share what we are thinking about.







What comes to you as you look at this image?

What or who does it remind you of?

Have you ever been anywhere like this?

How do you feel when you look at the image?

Let's think

What words would you use to describe a mountain?

Choose three.

Write them down.

Let's talk

Share your three words with another. Did you have any that were similar?

Which is your favourite? Can you explain why?

The Bible talks about God being like a mountain. This is because there are words we use to describe a mountain that can also describe God's character.

Strong

Stable

Offers protection and security

Majestic - huge! high! awesome!

Holy - some mountains are associated with God's presence.

So looking at the image of the mountain can help us understand more of what God is like.



KS1

We are going to write a class prayer poem about what God is like, inspired by the mountains.

O Lord

You are _____ like the mountains.

What words could we add in?

You can repeat the sentence as many times as you like.

Maybe you could think of other things in nature that helps us describe God's character!

KS2

We are going to use a Psalm from the Bible to help us pray or think. Psalms can be found in the middle of the Bible and are a collection of songs, prayers and poems, some of which were written by King David!

Psalm 121 (Good News Translation) talks about how the author finds looking up at the mountains restful and calming when they feel troubled.

Divide in to two groups - one **red**, one **blue**.

**I look to the mountains;
where will my help come from?**

**My help will come from the Lord,
who made heaven and earth.**

**He will not let you fall;
your protector is always awake.**

Your protector never dozes or sleeps.

**The Lord will guard you;
he is by your side to protect you.**

**The sun will not hurt you during the day,
nor the moon during the night.**

**The Lord will protect you from all danger;
he will keep you safe.**

**He will protect you as you come and go
now and forever.**

**I look to the mountains;
where will my help come from?**

**My help will come from the Lord,
who made heaven and earth.**

Let's think

What will you take from our **gathering** today?

What will you **share** with others that will enable them to grow and flourish?

Let's pray

Lord Jesus

We pray that our school will be a place where everyone can grow and flourish. Help us to grow in faith. Please take the gifts we offer and use them to grow Your Kingdom. **Amen**



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