



Hebrews 12:1-3 compares discipleship to running a race. Can you think of any comparisons between the lives of a professional athlete and a follower of Jesus Christ?

DIET

TRAINING

SUPPORT

DEDICATION

FOCUS

SACRIFICE

SO LET US RUN THE RACE THAT IS BEFORE US AND NEVER GIVE UP. LET US LOOK ONLY TO JESUS, THE ONE WHO BEGAN OUR FAITH AND WHO MAKES IT PERFECT. DO NOT GET TIRED AND STOP TRYING.

HEBREWS 12 (1-3)

