



WHY IS IT WORTHWHILE HAVING A SUPERVISION?

- Encourages a level of two-way accountability
- Enables the young leader to share what they have been doing or not done
- Offers the opportunity to celebrate what has gone well and discuss what has not
- Helps the young leader to reflect
- Provides an environment for sharing ideas and suggestions
- Provides a safe two-way space for conversation especially if there are any issues, need to change things or if everything with the young leader is ok and happy to continue
- Allows conversation about personal development
- Allows for actions to be agreed together
- Helps to prepare the young leader for workplace supervision

(If the word 'supervision' is too formal it can be called a young leaders' update meeting -YLU)

Supervision works best when the young leader takes responsibility for their own YLU, guided by the supervisor. The YLU form can be filled in before the meeting to help with the conversation during the meeting but this is not essential. Notes can be taken and the young leader and supervisor agree actions together. The agreed actions can be discussed at the start of the next YLU. The frequency for YLUs can be approximately termly, at a time and venue to suit the young leader. If the young leader is under 18 parents must be informed and agree for the YLU to take place. All safeguarding must be followed as part of the YLU. At each YLU it is helpful to agree the next date, time and venue.

Sample YLU form:

Young Leader: _____ Supervisor: _____ Date of YLU: _____

Update on agreed actions from previous YLU: _____

Young Leader gives a brief outline of what has been happening since your last YLU: _____

Sharing of any new ideas, suggestions or plans: _____

Any issues that need discussion: _____

Personal development requests or suggestions: _____

New agreed actions: _____

Date of next YLU: _____ Time: _____ Venue: _____