



RHYTHM

OF LIFE

for primary schools

**In this season of Trinity,
we choose recreation and
rest in Jesus' name.**

Amen

What is going on in this image?



The Eiffel Tower in Paris has deep foundations otherwise it would fall over!

The deepest foundations are 15 meters deep (4 double decker buses deep) and go below the river running beside it.

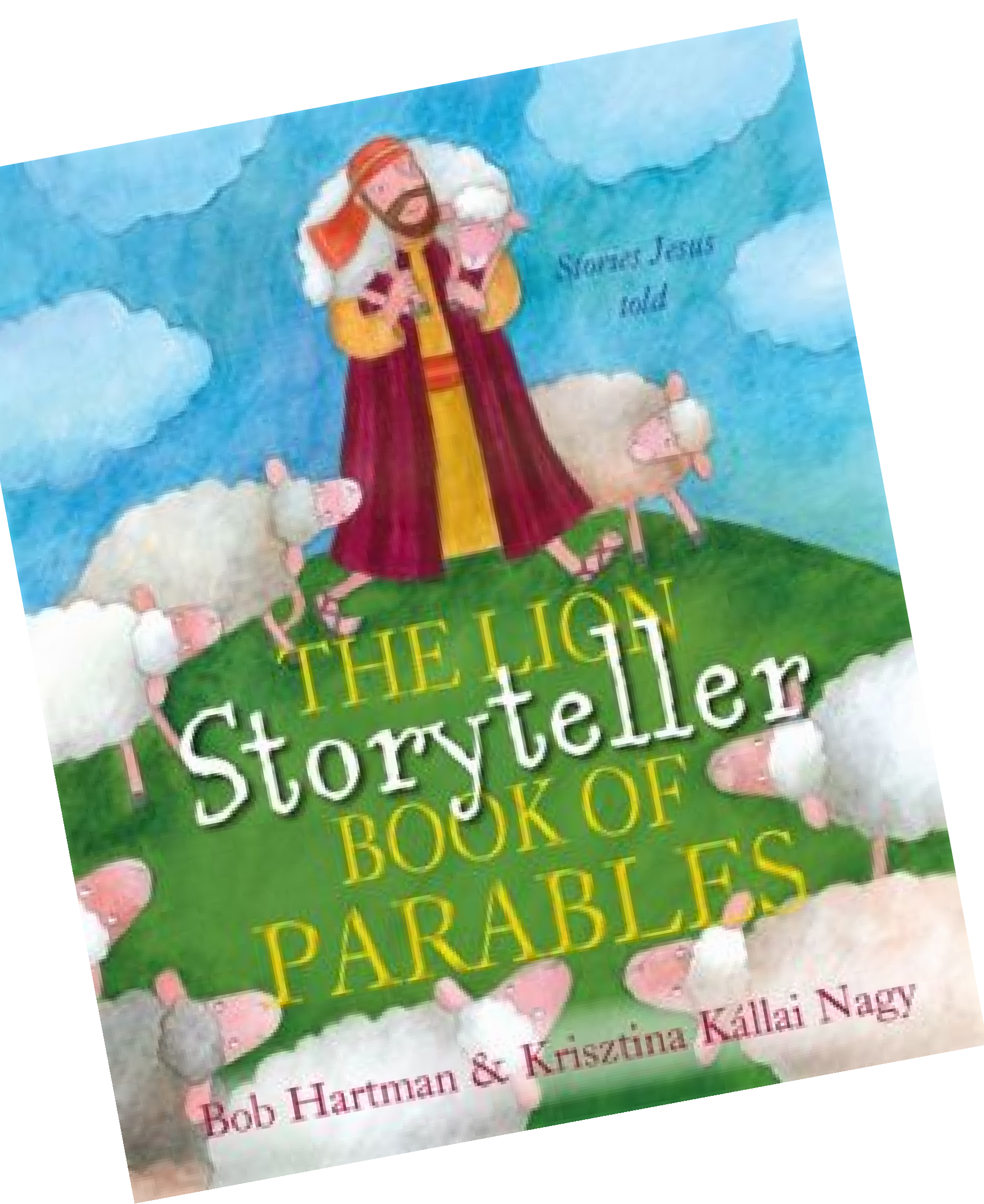


Buildings need solid foundations to keep them solid and stable and safe.

The Bible says we need to build our lives on good, solid foundations so we can live life in all its fullness.

Our shared rules and values can be a firm foundation for us. They keep everyone safe, healthy and happy.

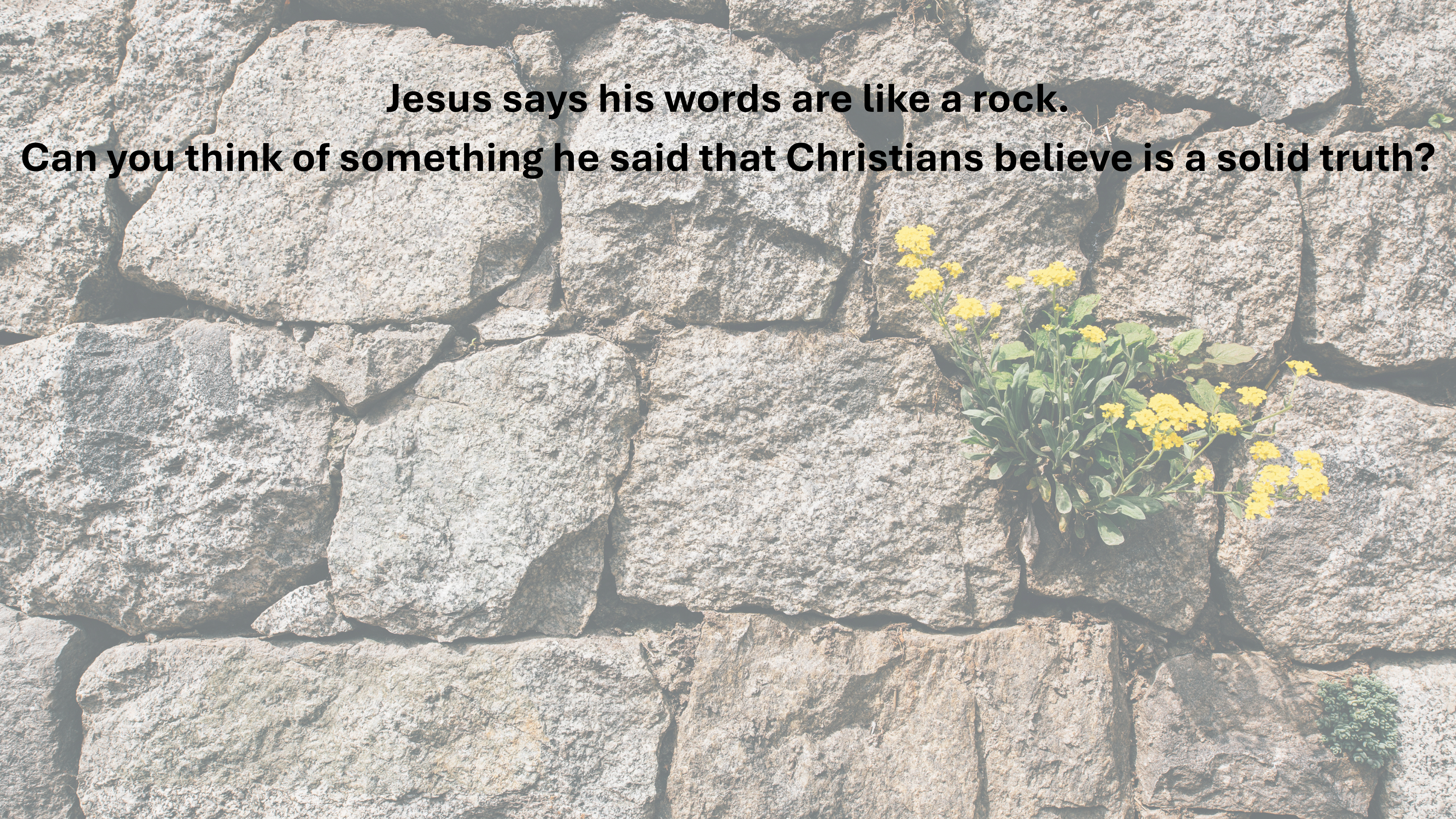




Read the Parable about The Wise and Foolish Builders.

Jesus told this parable as he wanted his followers to know how important it is to follow his example.

Can you imagine Big Ben or the Eiffel Tower without foundations?!



Jesus says his words are like a rock.

Can you think of something he said that Christians believe is a solid truth?

Let's think

Who or what is a 'firm foundation' for you?

What do you need to help you to grow and flourish? What do you need to be able to have fun, to work and to rest?

What might cause you to 'fall' if it were taken away?

Let's pray

Lord Jesus

We pray that our school will be a place where everyone can grow and flourish. Please help us to make time to rest as we follow you. Teach us to care for creation as we wait for your Kingdom to come. **Amen**

Let's pray The Lord's Prayer

Our Father in heaven, hallowed be your name,
your kingdom come, your will be done,
on earth as in heaven.

Give us today our daily bread.

Forgive us our sins
as we forgive those who sin against us.

Lead us not into temptation
but deliver us from evil.

For the kingdom, the power and the glory are yours
now and for ever. Amen.

Let's Sing!

Benediction Song





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