



# **RHYTHM**

**OF LIFE**

**for primary schools**

**In this season of Lent, we  
choose to serve and bless  
others in Jesus' name.**

**Amen**

What have you remembered from collective worship this week?

What stories do you recall?

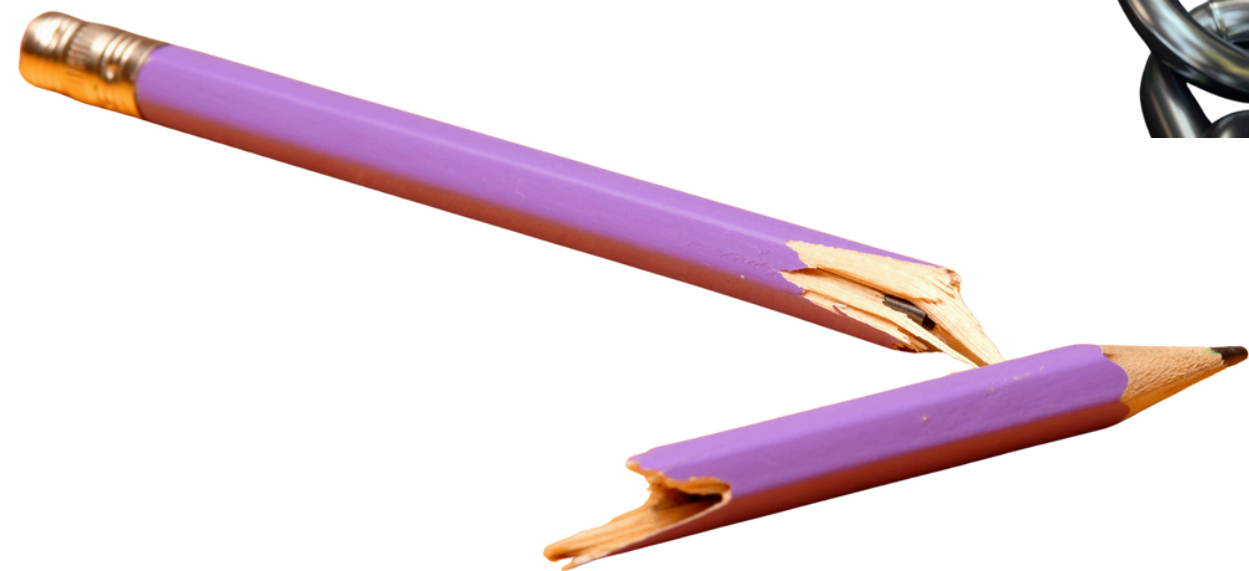
What ideas have stayed with you?



**We are going to reflect on an image together.**

We will be quiet whilst we look at it. Then we can share what we are thinking about.





What do all these things have in common?





All the things were broken - they all needed mending.

**Can you think of other things that can get broken and need mending?**





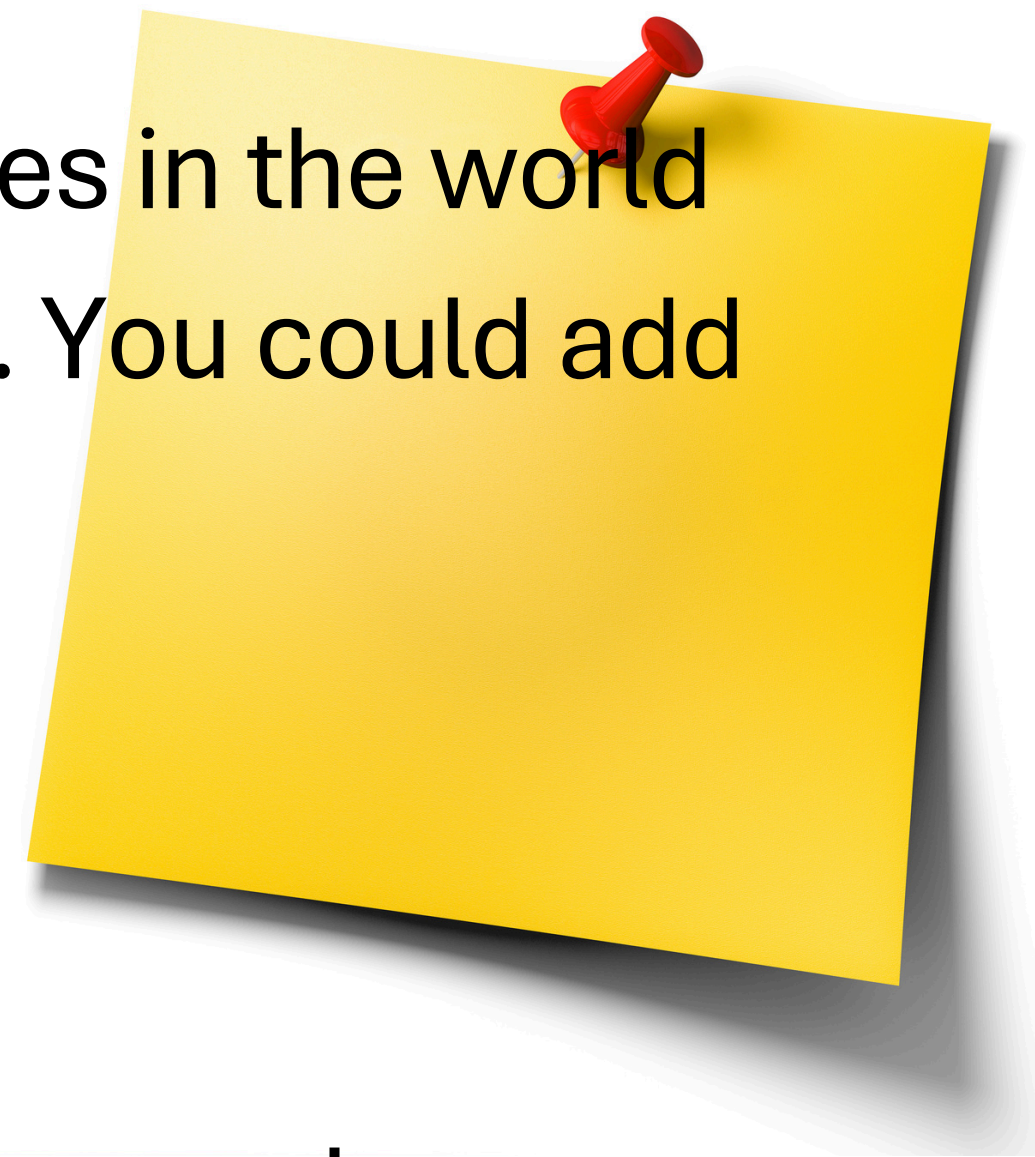


Where in the world  
are there places that  
are broken and need  
mending?

Which places need  
reconciliation and  
friendship?



You could use post-it notes to write down all the places in the world where you know there is or has been war and conflict. You could add them to a globe or a world map.



You might like to set up a prayer or reflection space in your classroom, like this one.



## **Let's think**

How could I show **kindness** that will enable myself and others to grow and flourish?

Where could I befriend? Where could I mend?

## **Let's pray**

Lord Jesus

We pray that our school will be a place where everyone can grow and flourish.

Please give us your kindness as we follow you. Teach us to bless and serve others as we wait for your Kingdom to come. **Amen**



# **Psalm 103 (Adapted from Good News Translation)**

## **The Love of God**

Praise the Lord, my soul and do not forget how kind he is.

He forgives all my sins and blesses me with love and mercy.

Praise the Lord, my soul and do not forget how kind he is.

He fills my life with good things, so that I stay young and strong like an eagle.

Praise the Lord, my soul and do not forget how kind he is.

The Lord judges in favour of the oppressed and gives them their rights.



Praise the Lord, my soul and do not forget how kind he is.

The Lord is merciful and loving, slow to become angry and full of constant love.

Praise the Lord, my soul and do not forget how kind he is.

As high as the sky is above the earth, so great is his love for those who honour him.

Praise the Lord, my soul and do not forget how kind he is.

As far as the east is from the west, so far does he remove our sins from us.



Praise the Lord, my soul and do not forget how kind he is.

As a father is kind to his children, so the Lord is kind to those who honour him.

Praise the Lord, my soul and do not forget how kind he is.

He knows what we are made of; he remembers that we are dust.

Praise the Lord, my soul and do not forget how kind he is.

Praise the Lord, all his creatures in all the places he rules.

Praise the Lord, my soul and do not forget how kind he is.





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