



HOPE'S PLACE

I am writing to introduce **Hope's Place**. Hope's Place is a faith based organisation which was established in 2005. It is committed to offering **entirely secular, non-directive and non-judgemental counselling**. We aim to provide support and compassion to people in crisis.



Our Services

Counselling

Hope's Place offers **free and confidential counselling** for women struggling with: baby loss, pre or post abortion stress, infertility stress, crisis pregnancy, birth trauma and adoption Issues. We can offer 10 1-hour sessions with a qualified counsellor.

Listening

We also offer **free and confidential listening** services to women and families suffering from post-natal depression. We can offer 5 1 hour listening sessions at the home of the client. All post-natal depression clients must be referred by their G.P. or Health Visitor.



Our Staff

Counsellors

All of our counsellors strictly adhere to the guidelines set out by The British Association of Counselling and Psychotherapy (BACP). Our counselling team is made up of both professional accredited counselling practitioners as well as those in the late stages of their training working towards accreditation. They have all undergone specialist training in the issues surrounding pregnancy-related trauma and receive regular supervision, in accordance with BACP guidelines, to ensure that our services are appropriate for all people regardless of their beliefs, values and decisions. Each counsellor requires two interviews – a character interview and a skills interview. CRB checking is compulsory.

Listeners

Our specialist trained listeners are mature people – the majority of whom come from a health or pastoral care background. They all undergo the same checks as for counsellors and receive regular supervision.

Counselling Rooms

We are able to offer three venues – Park Street in the centre of Bristol, Filwood Hope in South Bristol and Haven House in Staple Hill.



Sample Testimonies

"A friend of mine recommended Hope's Place to me. I was at a total loss and after just 5 sessions felt like a totally different person and able to cope with anything. I am hugely grateful to my counsellor – she was a great support and an absolute credit to your team. I would wholeheartedly recommend anyone else to Hope's Place."

"Counselling with Hope's Place has been vital for me – it has made the difference between trying for another baby or not. I've started to understand so much about myself through this process. Thank you for this wonderful service".

"My counsellor was a tremendous support to me – being both helpful and positive. She made me feel at ease and many issues were dealt with. After just one session I began to feel much better. I believe that Hope's Place commitment to offer free counselling is wonderful!"



If you would like to know more about our services then we would be happy to hear from you and can be contacted at any time on the following number:-

0117 968 6303 or by email at admin@hopesplace.org.uk.

Patron: The Rt Rev Mike Hill, the Lord Bishop of Bristol

Hope's Place
21 Stoke Hill, Stoke Bishop, Bristol, BS9 1JN
Tel: 0117 968 6303
Email: admin@hopesplace.org.uk
www.hopesplace.org.uk

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England and Wales



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